

**Community Prevention Partnership**  
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**Reading, PA 19601**  
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# Rave



- ▶ All night dance party designed to enhance a euphoric experience through music, drugs, and dancing
- ▶ Success of a rave is determined by the disc jockey's performance and quality of drugs.

# Posters and Flyers

## What to look for



# ECSTASY

- Called : X, XTC, Rolls, E, Adam, Smurfs, or other names
- Taken for the feeling of euphoria, an energy boost, and loss of inhibitions
- Methods of ingestion: orally, snorted, smoked, injected, and parachuting
- Onset – 10 seconds to 40 minutes.



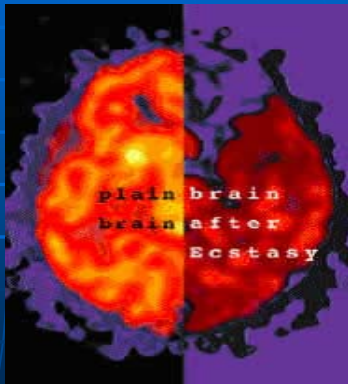
# ***What are the Effects of “E”?***

- Rapid pulse rate
- Teeth grinding
- Panic attacks
- Muscle cramping
- Rise in Body Temperature
- Dehydration
- Heat Stroke
- Water Poisoning
- Seizures
- Black Outs
- Anxiety
- Memory loss
- Brain Damage
- Learning Disabilities
- Depression
- Death

# The Effects of Ecstasy on the Brain

Ecstasy forces the body to release huge abnormal amounts of serotonin. The neurons that store the serotonin become deformed and damage is caused to the brain. This damage effects:

- Mood
- Memory
- Connection to reality



# Gamma- Hydroxy- Butyrate

## GHB



- Known as: Liquid 'E', Grievous Bodily Harm, Georgia Home Boy, "G", Easy Lay, Gamma 10, Salty Water
- Similar high to Ecstasy
- Most Commonly taken as a liquid. It will form a thick layer of bubbles when shaken.
- Method of Ingestion: Inhaled, Injected and swallowed

# ***What happens on GHB?***

- Anxiety
- Memory loss
- Blackouts
- Tremors
- Depression
- Coma
- DEATH

The growing trend is for GHB to be added to someone's drink. The victim is then completely unaware of what is happening to them for the next 4-8 hours. They can seem intoxicated or be completely unconscious. GHB is a dangerous *date-rape* drug.



# Rohypnol



- ◆ Known as: Roofies, roach-2, R-2, Rope, Wheel, Landing gear, shay, forget me pill
- ◆ Sold legally outside of the U.S. as an alternative to Valium – though it is 10 times stronger than valium
- ◆ Found in pill form but is often crushed and dissolved into drinks
- ◆ Used as a date-rape drug

The effects:

- ◆ Loss of inhibition
- ◆ Drunken state
- ◆ Slurred speech
- ◆ Memory loss
- ◆ Blackouts
- ◆ Coma

# Ketamine



- **Known as: "K", special 'K', Cat valium, Kat, 'K' head, 'K' hole, 'k' wave**
- **Veterinary anesthetic**
- **Found in either pill or liquid form**
- **Similar to PCP (Angel Dust)**

## The effects

- Euphoria
- Loss of inhibition
- Tunnel vision
- Floating sensation
- Depression
- Numbness
- Seizures
- Coma

# ***OTHER DANGEROUS DRUGS***

# Methamphetamine



- An addictive stimulant that affects the central nervous system.
- Known as: Meth, Speed, Crank, Crypto, Crystal, Fire, Glass, White Cross, Tweek
- May be taken orally, injected, snorted or smoked
- White, odorless, bitter tasting and dissolves easily in water or alcohol
- Effects last 6 to 8 hours

# Warning Signs to look for

- Decreased appetite
- Increase of physical activity
- Excited Speech
- Dilated pupils
- Outbursts/violent behavior
- Compulsiveness
- Confusion
- Convulsions
- Insomnia

# Effects of Meth

- Euphoria
- Irritability/aggression
- Anxiety
- Nervousness
- Convulsions
- Insomnia
- Paranoia
- Hallucinations
- Sensation of insects crawling underneath the skin
- Increase of HIV, Hepatitis
- Repeated behavior patterns
- Heart Attacks
- Death

# Inhalants



- The term Inhalants describes any chemical that is inhaled through the mouth or nose for the purpose of getting high.
- Common household products such as cleaning products, paint thinner, gasoline markers, glue, aerosol sprays, nail polish and others are used for this purpose.
- Produces a feeling similar to alcohol intoxication. Some produce hallucinations.
- All young people are at risk for this type of abuse. The habit peaks in the 7<sup>th</sup> to 9<sup>th</sup> grade.
- When a person inhales the chemical, the linings of the mouth, nose, throat and lungs quickly soak it up and pass it to the blood. The toxins are rapidly transported to the brain and begins to affect behavior and sensations. The toxin circulates throughout the body's system, possibly resulting in permanent damage.



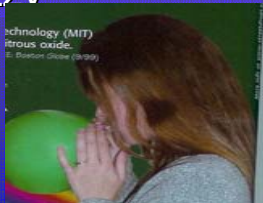
# Effects of Inhalants

- Headaches
- Drowsiness
- Dilated pupils
- Nosebleeds
- Blisters & rashes around nose and mouth
- Risk taking behaviors
- Lack of concern of surroundings/life
- Loss of sensation
- Sudden Sniffing Death Syndrome
- Confusion and forgetfulness
- Stomach ache or vomiting
- Irregular or rapid heart rate
- Heart, Lung, Liver, Kidney Damage
- Deafness/Blindness
- Irritability/Depression
- Lost control of bowels and bladder



# Warning Signs of Sniffing or Huffing

- Spots or sores around the mouth
- Breath or clothing that smells like chemicals
- Paint or ink marks around the nose
- Drunken behavior; dazed or dizzy
- Runny nose



# Heroin



- Sold as white or brown powder or as a black sticky substance called "black tar"
- Known as H, Smack, Junk, Horse, China White, Chiva, Black Tar, Fix, Dope, Brown, Dog and Nod.

# Heroin - Continued

- Methods of Ingestion:

Inhaled

Smoked

Injected

Orally

- Duration of effects – 3 to 6 hours
- Detection in Urine – 1 to 4 days

# Symptoms & Effects

- **Symptoms and signs of heroin use include:**

- euphoria
- drowsiness
- respiratory depression
- constricted pupils
- nausea

- **Withdrawal symptoms include:**

- dilated pupils
- piloerection (goose bumps)
- watery eyes
- runny nose
- yawning
- loss of appetite
- tremors
- panic
- chills
- sweating
- nausea
- muscle cramps
- insomnia

# Cocaine



- Is the most potent stimulant of natural origin, comes in powder form
- Central nervous system stimulant
- Is a Schedule II drug
- Street Names - Coke, Dime, Base, Rock, Blow, Flake
- Method of Ingestion: Inhaled, Injected, Smoked or Orally
- Duration of effect – 1 to 2 hours
- Detection in Urine – 2 to 4 days

# Marijuana



- Is the most commonly abused illegal drug
- Schedule I drug
- Known as:

Weed

Herb

Pot

Blunt

J

Joint

# Physical & Psychological Effects



- Relaxation
- Happiness
- Impaired short-term
- Euphoria
- Increased heart rate
- Paranoia
- Increase Appetite
- Impaired coordination
- Altered perception
- Restlessness
- Anxiety attacks
- Panic Attacks



# OxyContin



- A prescription painkiller used for moderate to high pain
- Produces opiate-like effects and is sometimes used as a substitute for heroin
- Oxycodone is a cousin to morphine
- Oxycodone products have been illicitly abused for the last thirty years



# OxyContin – Continue

- Known as Oxy, Oxycotton, Oxy 80s, Hillbilly heroin, and Poor Man's Heroine
- Oxycontin tablet is crushed and is taken orally or snorted

# Short and Long term effects

- Constipation
- Nausea
- Sedation
- Dizziness
- Vomiting
- Headache
- Dry mouth
- sweating
- Physical dependence
- Addiction
- Withdrawal

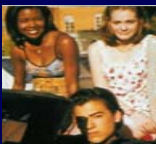
# Other Abused Prescription Drugs

- Vicodin
- Xanax
- Valium
- Ritalin
- Darvon
- Dilaudid
- Percocet

- Darvocet
- Percodan

## Over the counter

Cold medication  
containing DXM  
(Dextromethorphan)



# Warning Signs That Your Child May Be Using Drugs



- Change in friends
- Change in Sleeping Patterns
- Declining Grades
- Lack of Motivation
- Loss of interest in favorite activities
- Hostile and Uncooperative
- Lack of interest in personal appearance
- Physical changes (runny nose, red eyes, coughing, wheezing, bruises)
- Isolation
- Unaccounted cash
- Use of Incense or room deodorant
- Sudden use of strong perfume or cologne
- Heightened secrecy about actions or possessions

# Warning Signs Of Ecstasy Use

- Confusion
- Depression
- Headaches
- Dizziness
- Muscle tension
- Panic Attacks
- Anxiety and Paranoia
- Trance-like state
- Transfixion on sights and sounds
- Clenching of the jaw

Look for paraphernalia such as: pacifiers, lots of water bottles, lollipops, candy necklaces, bags of small candies, glow sticks/glowing jewelry, surgical masks, mentholated rub



# If you suspect your child is on drugs...

- Do not over react
- Voice your suspicions to him/her
- Avoid making direct accusation
- Tell him/her you love them
- Tell them you do not approve/will not tolerate drug use
- Speak to them about the dangers of drugs

# If you know your child is on drugs...



Seek help for your child from local agencies, Student Assistance Program (SAP) at your local school and join support groups. There are many parents in the same situation and being able to talk with them will help you have the strength to help your child.